

Mental Health and Addiction Supports for Manitobans

Winnipeg, MB – February 25, 2021

Sara Riel Inc. remains committed to improving the lives of adults living with mental illness and addiction through providing voluntary programs and services in a community-based setting.

Sara Riel Inc’s Seneca Warm Line offers anyone struggling with mental health or addiction issues, an opportunity to connect with a peer, to explore their unique circumstances and discover new strategies for self-care in order to deescalate and self-regulate, or to learn about additional resources and services.

The Seneca Warm Line has served as an important aspect to Covid-19 relief. Prior to the pandemic becoming a local threat, the Seneca Warm Line was logging approximately 125 calls per month and was operational for 4 hours per day. Since March 17th of 2020, the Seneca Warm Line has been running 24/7 with calls increasing substantially. 75% of calls were being received after Physical Distancing was mandated.

Seneca Warm Line received over 10,909 calls since the beginning of COVID-19 from people in need of social connection and compassionate peer support that Sara Riel staff provide. With such limited access to other means of support, many individuals have come to rely on our peer staff providing invaluable mental health and addictions support.

For more information about Sara Riel Inc. and the services we provide, please see contact information below.

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For media contact, and to arrange interviews, please call:

Tara Snider
Executive Director
Sara Riel Inc.
204-470-1133
tsnider@sararielinc.com

sararielinc.com

